



SEATED DIP MACHINE

ITEM CODE: PL-DIP

THE SEATED DIP MACHINE IS A MACHINE BUILT TO ACTIVATE AND ISOLATE THE TRICEPS AND PECTORAL MUSCLES. IT IS AN EXCELLENT EXERCISE THAT SIMULATES THE DIP EXERCISE WITH BODY WEIGHT AND MAKES IT ACCESSIBLE EVEN TO THAT GROUP OF USERS WHO DO NOT FEEL COMFORTABLE PERFORMING IT WITH THEIR OWN BODY.

SPECIFICATIONS: THE EXERCISE CAN BE DONE BOTH INWARDS AND OUTWARDS. COMFORTABLE AND ERGONOMIC SEAT ADJUSTABLE VERTICALLY TO ADAPT TO THE DIFFERENT SIZE OF THE USER. 2 DISC HOLDER PINS FOR EASY AND IMMEDIATE STORAGE.

ALL-IN-ONE ASSEMBLY: NO

MAX USER WEIGHT: 160 KG

MAX LOADING WEIGHT: 300 KG

SET UP SIZE: 170,5 X 159 X 109,5 CM (LXWXH)

TUBE SIZE: 50 X 100 X 3 MM - 40 X 80 X 3 MM

NET WEIGHT: 161 KG

WARRANTY: 1 YEAR FOR PROFESSIONAL USE

INVOLVED MUSCLES:

- Biceps
- Triceps
- Pectorals

