



SHOULDER PRESS

ITEM CODE: PL-SHOULDERPRESS

SPECIFICATIONS: THE BACKREST IS ANGLED 40 DEGREES FOR BETTER STABILIZATION DURING HEAVY LIFTS AND IT LIMITS HYPEREXTENSION OF THE SPINE DURING EXERCISE. 8 DISC HOLDER PINS FOR EASY AND IMMEDIATE STORAGE.

ALL-IN-ONE ASSEMBLY: NO

MAX USER WEIGHT: 160 Kg

MAX LOADING WEIGHT: 300 Kg




TUBE SIZE: 50 x 100 x 3 mm - 40 x 80 x 3 mm

SET UP SIZE: 136,5 x 177 x 198 cm (LxWxH)

NET WEIGHT: 165 Kg

WARRANTY: 1 YEAR FOR PROFESSIONAL USE

INVOLVED MUSCLES:

-  Deltoid
-  Triceps
-  Upper trapezius

